

Children & Young People's Wellbeing @ Exeter

An Exeter Research Network

Members' Booklet

The network spans all the University's faculties and currently represents 16 different departments or research groups, all with related work in this important field of enquiry. It was formed to ensure that strong collaboration and inter-disciplinary thinking and skills are at the heart of the research conducted, for the benefit of children and young people. It is a dynamic network and we aim to increase our membership to all at the University with interest.



Contact us

Children & Young People's Wellbeing @ Exeter Research Network c/o Faculty of Health and Life Sciences

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Our Members



Anna Adlam, CEDAR/MDC/Psychology

Associate Professor, Director of Research and Evaluation for Cedar Create a.r.adlam@exeter.ac.uk

Anna is a Chartered Clinical Psychologist and academic Neuropsychologist who specialises in working with individuals who have survived paediatric brain injury. Anna's research themes include memory and executive processes, mood disorders and social function.



Ismail Ahmad Shaikh, Faculty of Health and Life Sciences

Medical Student
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'Prevention is better than cure.' -D.E. As an advocate of this quote, my interest lies in research seeking to improve children's and adolescent's health early on, to facilitate their journey in achieving their goals, irrespective of their background."



Kate Allen, College of Medicine & Health/ChYMe

PenARC PhD student Kate.allen@exeter.ac.uk

Kate is a PhD student looking at community-based interventions that may have combined impacts on parental domestic violence and abuse, mental ill-health, and substance misuse.



Alexander Badman-King, Sociology, Philosophy & Anthropology

EASE Postdoctoral Research Fellow (Anthrozoology) a.badman-king@exeter.ac.uk

Alexander's work mainly concerns animal and environmental ethics with a focus on how ethical questions can/should be informed by self-sufficient lifestyles.



Alan Barker

Associate Professor in Paediatric Physiology and Health A.R.Barker@exeter.ac.uk

Alan Barker is an Associate Professor in Paediatric Physiology and Health at the University of Exeter and co-Director of the Children's Health and Exercise Research Centre (CHERC). Alan's research spans four areas: 1) Children's exercise physiology; 2) Paediatric exercise medicine; 3) Primary prevention of disease and 4) The youth athlete.



Anne Barlow, Fellow of the Academy of Social Sciences (FAcSS), Law School

Professor of Family Law and Policy a.e.barlow@exeter.ac.uk

Anne Barlow is Professor of Family Law and Policy and a member of the inter-disciplinary Wellcome Centre on Cultures and Environments of Health. Her socio-legal research has focused on the how family relationships are regulated on breakdown, including the rights of children and effects on their wellbeing when parents separate.'



Manuela Barreto, CEDAR/MDC/Psychology

Professor of Social and Organisational Psychology m.barreto@exeter.ac.uk

Manuela researches processes of marginalization at the interpersonal and structural levels operating at any age and for any disadvantaged social group. For example, Manuela has researched the impacts of sexism on women's wellbeing and social relationships, the impact of gender identity transition on social networks, as well as loneliness in groups as varied as carers, autistic individuals, and racial minorities. Manuela has worked with adolescents, emerging adults, adults of working age, and older people.



Simon Benham-Clarke, College of Medicine & Health/ChYMe and Graduate School of Education

Researcher s.r.benham-clarke@exeter.ac.uk

Simon's research interests lie in young people's education, well-being, mental health, social mobility and inequalities.



Helen Berry, Humanities

Professor of History h.m.berry@exeter.ac.uk

Helen's specialist research subjects include the history of gender and sexuality, particularly the shifting definitions of marriage and emergence of alternative family structures between early modern and modern times.



Vashti Berry, College of Medicine & Health/ChYMe

Associate Professor in Prevention Science v.berry@exeter.ac.uk

Vashti is an Associate Professor in Prevention Science, working in the prevention and early intervention of children's psychosocial health difficulties. She is current Director of the Children and Young People's Mental Health Research Collaboration (ChYMe), and co-lead for the CYP Wellbeing @ Exeter Network.



Gretchen Bjornstad, ChYMe/PenARC/Dept of Public Health and Sports Sciences

Senior Lecturer g.j.bjornstad@exeter.ac.uk

Gretchen is a Senior Lecturer and she is the programme manager for the PenARC Children's Health and Maternity national priority programme. Gretchen is interested in the development, evaluation, and implementation of evidence-based interventions for improving the health and well-being of children with special educational needs and disabilities and their families.



Amy Bond

Postdoctoral Research Fellow a.r.bond@exeter.ac.uk

Amy is a postdoctoral research fellow in the Children and Young People's Mental Health Research Collaboration. She is interested in the development and implementation of interventions in children's health, particularly in relation to addressing inequalities in children's health and wellbeing.



Emily Bridger, Archeology and History

Associate Professor in History e.j.bridger@exeter.ac.uk

Emily's research interests are histories of childhood and youth in relation to political movements, political violence, and gender-based violence, predominantly in South Africa



Eleanor Bryant

Graduate Research Assistant e.bryant@exeter.ac.uk

El is a Graduate Research Assistant on the INTEGRATED (Integrated Parenting Support and financial Wellbeing Support) project within ChYMe. She is a recent graduate of the University of Exeter (BSc Neuroscience) and also provides administrative support for the CYP Wellbeing Network Seminar Series.



Doretta Caramaschi, Psychology

Lecturer d.caramaschi@exeter.ac.uk

Doretta is a lecturer in Psychology at Exeter. Doretta's research surrounds neurodevelopment and mental health and wellbeing in children and young people from a molecular perspective, including epigenetics and genetics. Doretta's particular interests include autism, ADHD and epilepsy and co-occurring conditions and mental health outcomes of depressive and anxiety symptoms, particularly at younger ages.



Lucy Cartwright, College of Medicine & Health/ChYMe

Research Assistant lucy.cartwright@plymouth.ac.uk

Lucy is currently working on the CHOICES project, exploring social prescribing as an early intervention pathway to improving adolescent mental health.



Beth Chapman, CAMHS

Consultant Psychiatrist beth.chapman@nhs.net

Beth is an NIHR research associate and consultant psychiatrist working in Cornwall Community Child and Adolescent Mental Health Services. Her main interest is evidence-based Lifestyle Medicine for prevention and management of health conditions.



Kerry Chappell, MA Oxon, PhD, SFHEA
Graduate School of Education, Leader Creativity and Emergent Educational Futures Network

Associate Professor k.a.chappell@exeter.ac.uk

Kerry researches creativity in education, specifically in the arts (dance) and transdisciplinary settings, and how creativity relates ethically to educational futures. This includes research related to understanding the aesthetic, artistic and creative contributions that dance makes to health and wellbeing across the generations, including for children and young people.



Marie Clancy, College of Medicine & Health

Senior Lecturer, Academy of Nursing m.w.clancy@exeter.ac.uk

Marie is a senior lecturer in the Academy of Nursing and is a children's nurse by background. Her PhD explored the experiences of refugee and asylum-seeking families in children's palliative care, and she utilised advisory groups and creative methods such as poetry and art in her research with children, families, and health care professionals.



Sarah Cole, School of Education

Lecturer in Education s.e.cole@exeter.ac.uk

Sarah's expertise lies in the intersections between practice based working with children and young people in schools, and educational research on the prevention of domestic and sexual violence in schools, colleges and universities. She specialises in gender-based violence prevention and recovery and has worked in partnership with commissioners, policymakers and education leaders working to eliminate GBV in their settings.



Fred Cooper, Student rep- PGR-Humanities, Wellcome Centre

Research Fellow f.cooper@exeter.ac.uk

Fred is a research fellow in evidence-based policy. He is also the lead academic on the Centre's Beacon project on loneliness. Fred is a historian of medicine with research interests in loneliness, solitude, alienation, exclusion, culture, gender, the social and psychological sciences, and public health.



Helen Dawes, College of Medicine and Health

Professor of Clinical rehabilitation H.dawes@exeter.ac.uk

Helen is Professor of Clinical rehabilitation in the College of Medicine and Health. Her research focuses on wellbeing and physical health interactions especially in young people with long term conditions.



Antoinette Davey, Psychology

Perinatal Mental Health Research trial manager

Antoinette.davey@exeter.ac.uk

Antoinette is the trial manager for an antenatal anxiety clinical trial run by Professor Heather O'Mahen. She has a background in PROMs, mixed methods, and patient experience in primary care.



Helen Dodd, College of Medicine & Health/ChYMe

Professor of Child Psychology h.dodd@exeter.ac.uk

Helen is a Professor of Child Psychology. She is an expert in child mental health, with a particular interest in the development of childhood anxiety disorders. Her research exams the relationship between children's adventurous play and mental health and the role of play in supporting children's mental health. Helen collaborates on a number of other projects which focus on better understanding pathways to anxiety in young children and how to support children and families to prevent mental health problems.



Eleni Dimitrellou, School of Education

Lecturer in Education e.dimitrellou3@exeter.ac.uk

Eleni is lecturer in education specialising in inclusion and educational psychology. Her research interests reside in the areas of *inclusion*, *wellbeing in schools* and *relational approaches to education*. I am particularly interested in research topics that focus on student sense of school belonging and the role of emotions in the curriculum to cultivate teacher and student socioemotional competencies; and teacher professional development through action research.



Fenella Eason, Sociology, Philosophy & Anthropology

EASE Postdoctoral Research Fellow (Anthrozoology)

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Fenella is associate lecturer and personal tutor to MA Anthrozoology students, and senior tutor (Sociology and Criminology). Her research explores childhood abuse of animals as potentially leading to adult interpersonal violence; diabetes scent-detection dogs warning children of impending hypoglycaemic episodes; animals as sentient instruments of emotional support for young people; and the impact of companion animal death on children.



Helen Eke, PenARC

Postdoctoral Research Fellow

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Helen is a Postdoctoral Research Fellow for PenARC, currently working on the Child Health and Maternity priority programme. She has previously worked on a range of research projects in Child Health focused on neurodisability and child mental health.



Thomas El-Hoss

Post-Doctoral Research Fellow

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Tom's research expertise is in the mapping, conceptualisation, and comparison of child protection systems. His research interests include the role of community and faith-based organisations in supporting child and family welfare, including child protection systems in low- and middle-income countries.

Tom is working with Torbay Council's children's services and public health departments examining the drivers for children entering care in the locality. Specifically how the Local Authority can integrate with voluntary and community sectors and families to deliver more effective preventative Early Help services, to meet challenges in coastal communities.



Camilla Forbes, Faculty of Health and Life Sciences

Research Fellow c.a.mchugh@exeter.ac.uk

Camilla's research interest lies in Public Health and ways to improve both the mental and physical health of children and young people. Camilla has worked at the university for 18 years on various research projects relating to children, young people and their families. She also leads a Young Person's Advisory Group.



Rosie Fox, HASS

PhD researcher rf378@exeter.ac.uk

Rosie is a PhD researcher exploring primary school children's understanding of the curriculum area - 'fundamental British values'. This study has involved creative and participatory methodologies to meaningfully include children in the research and has considered issues of wellbeing in relation to children's participation in school and wider society.

Rosie is a former primary school teacher, with experience of working with children who have newly arrived in the UK and teaching in rural and urban spaces.



Rachel Freathy, Dept of Clinical and Biomedical Sciences, Faculty of Health and Life Sciences

Associate Professor and Wellcome Trust Senior Research Fellow r.freathy@exeter.ac.uk

Rachel's team aims to use genetics to understand the factors affecting the growth of a foetus *in utero* and its association with type 2 diabetes in adulthood.



Catherine Gallop, CEDAR/MDC/Psychology

Director of Clinical Training (PGT) for CEDAR c.a.gallop@exeter.ac.uk

Catherine's area of research is within children and young peoples' mental health and workforce roles with a particular focus on cognitive behavioural treatments for anxiety disorders.



Alice Garrood, College of Medicine & Health/PenCRU/ChYMe

Research Fellow a.garrood@exeter.ac.uk

Alice is a Research Fellow, within the Children and Young People's Mental Health Research Collaboration (ChYMe) leading a project looking at the need for personalised treatments within Child and Adolescent Mental Health Services (CAMHS). Alice is also leading a work package within the SPaCE study, which is looking to map access to mental health services for parent carers of children with special educational needs or disabilities (SEND). Alice formerly worked as a Research Fellow at the Medical School, on the implementation of the Healthy Parent Carer Programme.



Hollie Gay, CEDAR/MCD/Psychology

Postdoctoral Research Fellow h.c.gay@exeter.ac.uk

Hollie is a Postdoctoral Research Fellow and leads a team of researchers evaluating two low intensity mental health training programmes for children and young people in the South West: the Children's Wellbeing Practitioner (CWP) and Education Mental Health Practitioner (EMHP). Hollie has presented CWP and EMHP outcomes at national and international conferences to demonstrate the impact of routine outcome monitoring and promote the low intensity workforce. Hollie also leads on several research and evaluation projects for Cedar Create, including an NHS England funded evaluation of the attrition, retention, and fidelity of Cedar training programmes.



Andrew Gibbs, Psychology

Senior Lecturer, Psychology

Andy Gibbs is a Senior Lecturer in Psychology and his work primarily focuses on working with young people living in marginalised communities in South Africa to understand and address some of the health impacts they experience, particularly violence against women. He's also starting work on violence perpetrated/experienced by students in the UK.



Kate Goldie Townsend

Lecturer, SPSPA k.s.townsend@exeter.ac.uk

Kate is a lecturer in political theory, with a particular interest in children's rights. She has published work defending the child's right to bodily integrity, and is currently examining educational conditions for neuro-diverse children.



Gisella Hanley Santos, College of Medicine & Health/ChYMe

Postdoctoral Research Fellow (Child Mental Health) g.hanley-santos@exeter.ac.uk

Gisella has a long-standing interest in young people's wellbeing from a research and practice perspective, having carried out research with street children and young offenders in Brazil as well as having set up a drug rehabilitation and prevention programme there. Gisella is currently working as part of the evaluation team on the Kailo prevention project. Kailo takes a systemic approach to address the underlying drivers of young people's mental health.



Lorraine Hansford, The Wellcome Centre

Research Fellow l.j.hansford@exeter.ac.uk

Lorraine has a professional background in youth and community work and takes an engaged approach to research, working alongside communities and community organisations.



Rachel Hayes, College of Medicine & Health/ChYMe

Senior Research Fellow r.a.hayes@exeter.ac.uk

Rachel is a Senior Research Fellow and interested in finding ways to support the emotional and social development of children and young adults.



Charlotte Hewlett, PenARC

Research Manager c.hewlett@exeter.ac.uk

Charlotte Hewlett is a Research Manager for the National Institute for Health and Care Research (NIHR). Applied Research Collaboration (ARC) South West Peninsula (PenARC). They work with staff in the design, development and implementation of projects



Suzie Holt, ChYMe Children and Young People's Mental Health research collaboration, PHSS

Graduate Research Assistant s.l.holt@exeter.ac.uk

Suzie coordinates data collection for the NIHR Tools for Schools research project, led by Dr Abby Russell. The project is developing a toolkit for primary school staff to use in the classroom to support children with traits of ADHD.



Katie Howard, Graduate School of Education

Lecturer k.howard2@exeter.ac.uk

Katie's main research interests are in mental health and wellbeing in multilingual populations and mental health support in educational settings.



David Humphreys, lecturer & supervisor on the Family Interventions in Psychosis & Bipolar experiences training

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David's research interests are evaluation of a social prescribing service with Stort Valley & villages PCN; spiritual and existential perspectives in systemic practice in Norway & UK; family therapy in primary care.



Anna Hunt

Graduate Research Assistant

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Anna is a Graduate Research Assistant within the Children and Young People's Mental Health (ChYMe) research collaboration. She works on the NIHR-funded ATTEND programme which aims to refine, evaluate, and optimise the implementation of a novel mindfulness intervention (Mindfulness for Adolescents and Carers; MAC) for young people with depression and their carers.



Samantha Hurn, Sociology, Philosophy & Anthropology

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Samantha is Director of the Anthrozoology as Symbiotic Ethics (EASE) working group, and Programme Director for the MA and PhD programme in Anthrozoology.



Professor, Dean of the Doctoral College

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Stacey's primary research interests are in conflict and humanitarianism in Africa. She is working on a history of child soldiering that traces historical patterns in the recruitment and use of children in armed conflict across Africa.



Teplong Joyce Ibrahim, Dept of Psychology

Post-Graduate Researcher

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Teplong Joyce Ibrahim



Lenka Janik Blaskova, School of Education, Relational Health Group

Lecturer in the Psychology of education

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Lenka is a trained guidance counsellor, researching friendships and mental health. She is interested in how social inclusion happens at the peer level, and the implications of peer relationships to the perceived wellbeing of children and young people.



Angeliki Kallitsoglou, Education and Psychology

Senior Lecturer a.kallitsoglou@exeter.ac.uk

Angeliki is a Senior Lecturer in Education and Psychology. She is interested in children's social and emotional outcomes including mental health and wellbeing at home and school. At home she looks at aspects of the family environment that might be implicated in children's social and emotional outcomes. At school she is interested in identifying ways to support children with special educational needs often as a result of poor social and emotional outcomes and mental health difficulties.



Anke Karl, CEDAR/MDC/Psychology

Associate Professor a.karl@exeter.ac.uk

Anke's work focuses on biobehavioural underpinnings of post-traumatic stress disorder (PTSD) and recovery from psychological trauma. She is also interested in translational clinical research about how our understanding of biopsychological processes and mechanisms can inform the development or refinement of psychological therapies for trauma survivors with PTSD and depression.



Charlotte Kelman, Department of Psychology

Lecturer in Psychology/Associate Member of ChYMe r.nesbit@exeter.ac.uk

Rachel is a Lecturer in the Department of Psychology. Her research focusses on play as a mechanism to reduce the risk for mental health disorders in childhood. She is particularly interested in the role of schools in supporting children's opportunities for play, particularly risk-taking during play.



Karen Knapp, College of Medicine & Health, IBCS

Associate Professor in Musculoskeletal Imaging k.m.knapp@exeter.ac.uk

Karen is an Associate Professor in Musculoskeletal Imaging and Head of Medical Imaging. Her primary research interest is bone health and osteoporosis.



Natalia Lawrence, Psychology Associate Professor Natalia.Lawrence@exeter.ac.uk

Natalia's research focuses on food preferences and dietary behaviour change in adults and children. She works on interventions and campaigns to improve diets for health and sustainability. Natalia develops evidence-based digital interventions in the form of 'braintraining games' to help people avoid less healthy or sustainable foods; her 'Food Trainer' app has been used by 150,000 people worldwide, including children. Natalia is also a member of the university's Climate Advocate Taskforce, where she focuses on workplace interventions to promote more sustainable diets. She teaches several modules related to eating behaviour, emotions, self-control, and sustainable diets.



Kristin Liabo, PenARC

Senior Research Fellow k.liabo@exeter.ac.uk

Kristin is based in the Patient and Public Involvement Team supporting researchers to involve patients and members of the public in their research, from funding applications through the entire lifecycle of a study and to dissemination.

Kristin has worked collaboratively with service users, patients and members of the public since starting out in research with Barnardo's, the children's charity.



Jenny Lloyd, Relational Health Group

Senior Lecturer in Public Health Research j.j.lloyd@exeter.ac.uk

Jenny specialises in the development and evaluation of behaviour change interventions to support the health and wellbeing of children and families. She is particularly interested in understanding how we can create the conditions in both schools and the wider community to support physical activity and healthy eating across the socio-economic spectrum.



Stuart Logan, College of Medicine & Health/ChYMe

Professor of Paediatric Epidemiology; Director, NIHR PenARC; Honorary Consultant Paediatrician, Royal Devon and Exeter Foundation NHS Trust Stuart.logan@exeter.ac.uk

Stuart is a paediatrician and researcher. His work is aimed at improving health services and much of it involves working with families whose children have disabilities or chronic illnesses.



Bryony Longdon, College of Medicine & Health

Postdoctoral Research Associate b.longdon@exeter.ac.uk

Bryony Longdon is a Postdoctoral Research Associate in the <u>Children and Young People's Mental Health (ChYMe) research collaboration</u>. Bryony's work is mainly focused on school based randomised controlled trials of interventions that have the potential to improve child mental health.



Rebecca Lovell, European Centre for Environment & Human Health

Senior Lecturer, Biodiversity, Health and Policy r.lovell@exeter.ac.uk

Rebecca's research focuses on understanding the ways people can benefit from proximity to and contact with 'natural' environments.



Joasia Luzak, Law School

Professor of Private Law j.luzak@exeter.ac.uk

Joasia has over 15 years of experience researching European consumer law and its implementation in Poland, the Netherlands, United Kingdom and Germany. In her comparative research she often includes insights from consumer behaviour science. Her research often examines the effectiveness of consumer protection measures, incl. the need of different provision of information to various consumer groups, e.g. children vs elderly, to make that information transparent.



Rachel Manning

Postdoctoral Research Fellow r.manning@exeter.ac.uk

Rachel is a postdoctoral research fellow in the School of Education funded by the ESRC. Her research explores effective practice for supporting young people's wellbeing in outdoor learning. Her PhD explored young people's emotions during curriculum-based outdoor learning. She is currently researching outdoor practitioners' perspectives on supporting young people's wellbeing.



Anna March

Anna March, Children and Young People's Mental Health (ChYMe) research collaboration

Research Fellow a.march2@exeter.ac.uk

Anna is interested in prevention and early intervention in the field of children and young people's mental health, both in school settings and the wider community. Her PhD looked at the sustainability of school-based interventions, exploring the complexity of school settings and the challenges around creating wider system change. She is currently working on Kailo, a research and design initiative supporting local communities to co-design strategies to improve adolescent mental health. This project uses realist evaluation methods and has a particular focus on addressing the underlying social drivers of poor adolescent mental health.



Franki Mathews, College of Medicine & Health/ChYMe

Researcher and Lecturer in Public Health f.mathews2@exeter.ac.uk

Franki's passion for working in child health is driven by the desire to help improve lives of children affected by poor mental health and improve access to effective evidence-based services and treatments.



G J Melendez-Torres, College of Medicine & Health

Professor of Clinical and Social Epidemiology g.j.melendez-torres@exeter.ac.uk

G.J. is Professor of Clinical and Social Epidemiology and leads Exeter's membership in the NIHR School for Public Health Research. G.J. is an trialist and systematic reviewer in child and adolescent public mental health.



Siobhan Mitchell, College of Medicine & Health/ChYMe

Research Fellow in Child Health s.b.mitchell@exeter.ac.uk

Siobhan's interests are in child and adolescent health and development. She is currently working as a Research Fellow as part of the Peninsula Mental Health Research Initiative (PenMHRI) team on a range of projects including CAMHS Goes Wild and SELF.



Darren Moore, School of Education

Senior Lecturer d.moore@exeter.ac.uk

Darren's research focuses on implementation in schools and the relationship between wellbeing and education. This includes social, emotional and mental health as a special educational need and the relationship between mental health and school behaviour and/or attendance.



Naomi Morley, PenARC

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Naomi is a Research Associate, and supports the coordination of effective involvement and engagement of patients and public members in health research. Her research includes Children's Health & Maternity and Ageing Dementia and Frailty.



Chris Morris, PenCRU

Professor of Child Health Research & College Director of Postgraduate Research christopher.morris@exeter.ac.uk

Chris leads PenCRU: the Peninsula Childhood Disability Research Unit, which undertakes a programme of applied health research aimed at identifying ways to improve the health and wellbeing of disabled children and their families. PenCRU involves families of disabled children as partners in all the activities of the unit through our Family Faculty. The vision for PenCRU is to work in partnership with families, clinicians, commissioners, and policymakers as the principal users of our research findings.



Anna Mountford-Zimdars, School of Education & Education

Professor of Education/Director of the Centre for Social Mobility a.mountford-zimdars@exeter.ac.uk

Anna is a PFHEA, Professor of Education and Joint Founder and Director of the Centre for Social Mobility. Anna's research interests include opportunities to enhance equality across education, higher education access, social mobility, teaching excellence, teaching for inclusion, access to professions, policy research.



Rachel Nesbit, College of Medicine & Health/ChYMe

Postdoctoral Research Fellow r.nesbit@exeter.ac.uk

Rachel is a postdoctoral Research Fellow, employed as part of a UKRI Future Leaders Fellowship examining adventurous play as a mechanism for reducing childhood anxiety.



Tamsin Newlove-Delgado, College of Medicine & Health/ChYMe

Senior Clinical Lecturer and Honorary Consultant in Public Health t.newlove-delgado@exeter.ac.uk

Tamsin's main interests are around young people's access to mental health services, and the impact of Covid-19 on children and young people's mental health.



Brahm Norwich, School of Education & Education

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Brahm is Professor of Educational Psychology and Special Educational Needs. He has worked as a schoolteacher, professional educational psychologist and university teacher and researcher. Brahm research interests include applying psychology to education, including psychology applied to special needs and inclusive education.



Heather O'Mahen, CEDAR/MDC/Psychology

Professor of Clinical and Perinatal Clinical Psychology h.omahen@exeter.ac.uk

Heather is a Research Clinical Psychologist who specialises in improving treatment for women suffering from depression during pregnancy and postnatally.



Wendy O'Shea-Meddour, College of Humanities

Associate Professor of English Literature and Creative Writing w.l.oshea-meddour@exeter.ac.uk

Wendy is the Director of Creative Writing in the English and Creative Writing Department. Her current research examines the politics of morality in children's literature. Alongside this, Wendy is an award-winning, internationally best-selling children's author whose creative practice focuses on diversity, inclusion and promoting child wellbeing.



Sally Palmer, School of Education

Lecturer in Education s.b.palmer@exeter.ac.uk

Sally researches issues of social injustice and inequality in educational contexts, and the mechanisms that promote social inclusion, social cohesion and prosocial behaviour.



Jonathan Parker, Psychology

Director of <u>Cedar Create</u> and Co-Director of the Children and Young Peoples Cedar Psychological Professions Training Programmes

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Jonathan has specialist interest in clinical leadership, implementation, and organisational development in relation to psychological professions. He works closely with regional, national, and international partners in support of the development, implementation and evaluation of key health and education initiatives.



Alison Pearson, College of Medicine and Health/ School of Education

Postdoctoral Research Fellow a.pearson5@exeter.ac.uk

Alison is a Research Fellow working on projects with a wellbeing focus including "Care under Pressure 3": an interdisciplinary programme investigating the impacts of interventions to reduce NHS doctors' mental ill-health. Prior to this her PhD investigated what sustains and challenges long-serving secondary school teachers and how this relates to resilience.



Ravi Poorun, College of Medicine & Health/IHR/ChYMe,

Paediatric Clinical Lecturer R.Poorun@exeter.ac.uk

Ravi is a Paediatric Clinical Lecturer in the South West Peninsula Deanery where he combines his clinical training as a paediatric registrar with his research interests in neonatal neuroscience, paediatric sleep and epilepsy. He is Principal Investigator for numerous experimental and clinical trials at Exeter's award winning Neonatal Unit and is an advocate for family orientated developmental care.

Clinically, Ravi aspires to work in paediatric and neonatal neurology, epilepsy, and sleep medicine. His long-term research goal is to identify methods of improving neurodevelopment outcomes in some of the smallest and most vulnerable of patients.



Anna Price, College of Medicine & Health/ChYMe

Senior Research Fellow a.price@exeter.ac.uk

Anna has extensive experience of working in child and adolescent health, with a focus on neurodiversity and healthcare transitions. She has developed expertise in mapping health service provision. Anna's research interests include digital health, evidence syntheses, and trial management.



Rachel Proctor, Graduate School of Education

Post-Doctoral Researcher r.h.proctor@exeter.ac.uk

Rachel's academic background is in Primary Education, Social Geography, and Public Health. Her Ph.D. research explored the actions and policies schools might take to nurture healthier and more environmentally aware young people. She is currently examining the implementation of evidence-based practice in the school context.



Lamprini Psychogiou, CEDAR/MDC/Psychology

Senior Lecturer

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Lamprini's interests lie in the area of intergenerational transmission of psychopathology and examining associations between parental psychopathology and child outcomes.



Heike Roms, Humanities

Professor in Theatre and Performance

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Heike's current projects include research on the participation of children in experimental performance work of the 1960s and 1970s, and its relationship to child activism in the period.



Emma Rundle, Impact & Partnership Development Manager (Education)

Exeter Innovation

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Emma works in Exeter Innovation, her role is support researchers across the institution to drive impact, connect partners, create opportunities and generate value. Her particular focus is around Education and she welcomes conversations with researchers who would like to discuss their project ideas, potential partners or funding opportunities.



Abby Russell, College of Medicine & Health/ChYMe

Senior Lecturer in Child and Adolescent Mental Health and NIHR Advanced Fellow a.e.russell@exeter.ac.uk

Abby's research focuses on the causes and consequences of child and adolescent mental health difficulties, and the role that schools play in preventing, identifying and managing mental health difficulties.



Ginny Russell, Sociology, Philosophy & Anthropology

Associate Professor (Sociology) g.russell@exeter.ac.uk

Ginny is an interdisciplinary scholar of critical diagnosis studies Her research to date concerns neurodiversity, especially with reference to autism and ADHD.



Adam Rutland, CEDAR/MDC/Psychology

Professor of Psychology a.rutland@exeter.ac.uk

Adam trained as a developmental psychologist. He is interested in social and moral decision making about social exclusion and inclusion in childhood and adolescence.



Will Shield, School of Education

Child and Educational Psychologist & Senior Lecturer w.e.shield@exeter.ac.uk

Will is a Child and Educational Psychologist, Senior Lecturer, and Joint Programme Director for the Doctorate in Educational, Child and Community Psychology programme at the University of Exeter. Will is experienced at working with children and young people of all ages to support their wellbeing, with a particular interest in supporting the social, emotional and mental health needs of children at risk of school exclusion.



Emily Stone, Sociology, Philosophy & Anthropology

EASE Postdoctoral Research Fellow (Anthrozoology) e.stone4@exeter.ac.uk

Emily's research interests surround human interactions with other animals. Her recent research has focused on childhood experiences of companion animal loss and the use of animals as emotional support for students.



Felicity Thomas, The Wellcome Centre and Department of Health and Community Sciences

Associate Professor of Culture and Health Inequalities f.thomas@exeter.ac.uk

Felicity is interested in the social determinants of health and wellbeing, health inequalities, and the factors that influence people's understanding and use of different types of health interventions.



Tanya Tothill

PhD Student tt365@exeter.ac.uk

Tanya is a PhD student focussing on professional and parental understandings around identification of special educational needs in England (at both SEN Support and EHCP level), with particular reference to three categories: moderate learning difficulties, autistic spectrum disorder and social emotional and mental health.



Obioha Ukoumunne, PenARC Professor in Medical Statistics o.c.ukoumunne@exeter.ac.uk

Obi is a medical statistician. His research track record reflects contributions to medical and non-medical health research in the areas of child mental health and primary/community care.



Ed Watkins, CEDAR/MDC/Psychology

Professor of Experimental and Applied Clinical Psychology e.r.watkins@exeter.ac.uk

Ed is a Professor of Experimental and Applied Clinical Psychology, and currently works as a researcher, teacher, clinical trainer and clinical practitioner within the Mood Disorders Centre. Ed's research interests include approaches to depression, cognition and emotion. Treatment and prevention of depression. Ruminative thinking. New approaches to trial design and methodology, e.g MOST, SMART designs. Prevention of depression and anxiety in young people. Digital interventions e,g internet treatment, mobile apps.



Kath Wilkinson, PHSS/ChYMe

Research Fellow

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Kath's research primarily focuses on safeguarding the mental health and wellbeing of parents, improving parent-child relationships, and ultimately supporting the healthy development of children. Kath is a qualitative researcher, with an interest in realist methodologies to help determine how best to support families. She is also interested in supporting organisations working with families to build capacity for understanding, using and undertaking research to improve their practices.



Craig Williams, CHERC/Sport and Health Science

Professor of Paediatric Physiology and Health c.a.williams@exeter.ac.uk

Craig is Director of the Children's Health and Exercise Research Centre (CHERC). Craig is interested in the determining factors of exercise tolerance and health promotion across a range of paediatric groups including healthy school aged children, elite youth athletes and clinical groups such as youngsters with cystic fibrosis and congenital heart disease.

Katie Wood, College of Medicine & Health

Graduate Research Assistant k.m.j.wood@exeter.ac.uk



Eva Wooding, College of Medicine & Health/ChYMe

Academic Clinical Fellow

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Eva is a paediatrician and clinical academic. She is working with ChYME on the BPSU Sydenham's Chorea surveillance study and as a clinical rater on the Children's Mental Health Survey. She is interested in creating links between clinicians and researchers on child health and building research capacity amongst junior paediatricians. She is a tutor on the Making Sense of Evidence programme.



Katrina Wyatt, Relational Health Group

Professor of Relational Health k.m.wyatt@exeter.ac.uk

Katrina's research seeks to understand how we can create the conditions for health and wellbeing and address health inequalities in schools, communities and workplaces.